

RECEPTION WEEK / WELCOME CERIMONY

AAI –International Affairs Area | Silvia Santos (NMCI Coordinator)



MAIN GOAL:

**Welcome the International Students
and**

**help them with their *integration* in the *academic, cultural and social life* at
Técnico and in Lisbon in collaboration with NAPE**



Services that participate in the reception week:

- ▶  NMCI – Mobility and International Cooperation Office

- ▶  - Student's Support Unit
Núcleo de Apoio ao Estudante

- ▶  GOP - Pedagogic Organisation Office

- ▶ Treasury Unit

- ▶  - Student Association
associação dos estudantes
instituto superior técnico

- ▶ 3 Bank Agencies:





How is the week organised

Students are distributed during the week according to their **master programmes**

Monday	Tuesday	Wednesday	Thursday	Friday
Aerospace Biomedical Physics	Chemical Materials Computer	Civil Electrical Environmental Architecture	Biological Naval Architecture Mechanical	WELCOME CERIMONY + Visits Deparments + WELCOME PRESIDENT LUNCH



Services help students...

- ✓ get informed about **the Mobility Coordinators, the Portuguese Language Course** and other relevant information;
- ✓ get **the forms** to make changes to the Learning Agreement;
- ✓ get **enrolled** in the classrooms;
- ✓ pay for the **insurance**;
- ✓ open a **bank account**;
- ✓ have a **mentor** who will help them during the whole exchange period;
- ✓ have a **campus visit**.

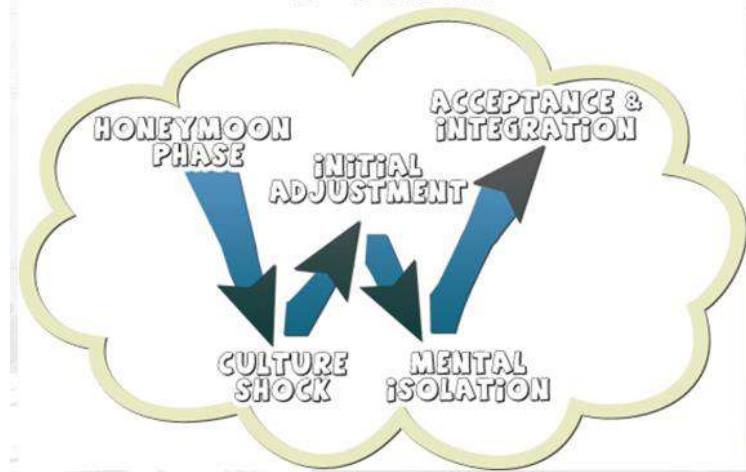
Cultural Clash

Culture Shock: What is it?

Feelings of **disorientation**,
confusion, **uncertainty** and
discomfort, from being
immersed in a **new culture**,
way of life or a **set of**
attitudes.



CULTURE SHOCK'S W-CURVE



RECEPTION WEEK

Cultural Clash

In Portugal you need...



Patience!

A peculiar language...

Let's shake the helmet!

"Vamos abanar o capacete!"

Portuguese Sayings ®

HELLOWW!
CAN YOU HEAR ME? CAUSE I
AM GOING TO SPEAK SO LOUD
I WON'T REALLY NEED A PHONE!



Best friendships and best deals...



...are made at the dinning table!

Greetings

One kiss?

Two kisses?

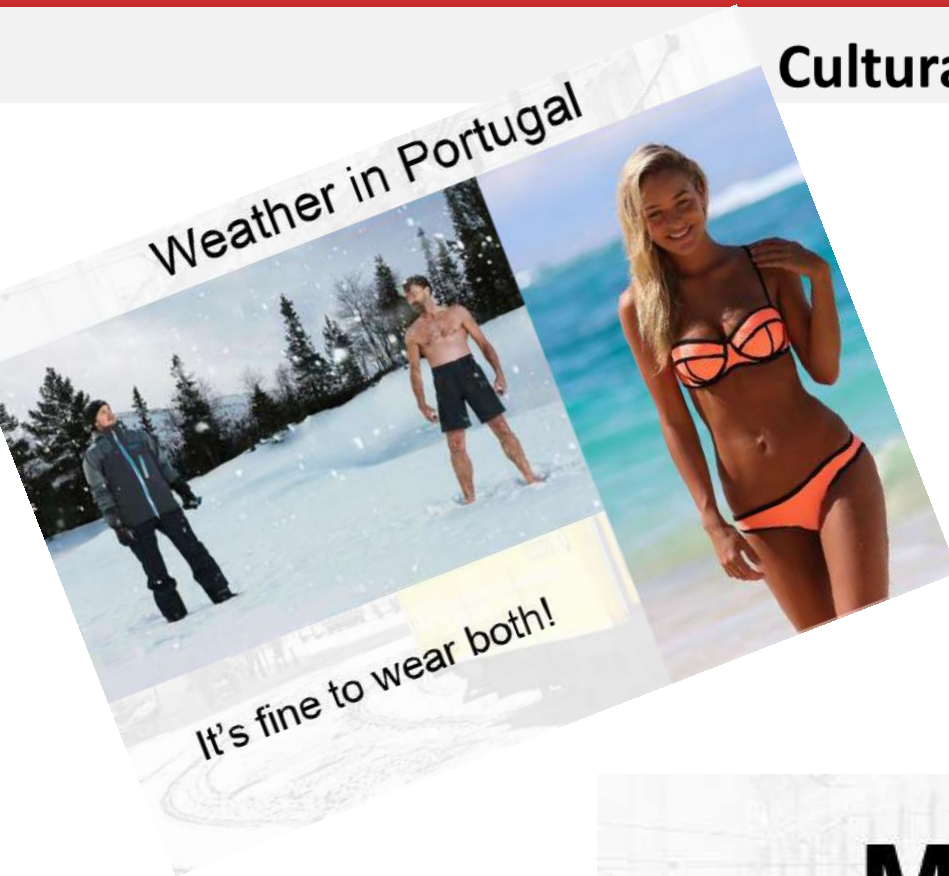
A hand shake?

Three kisses?

A hug?

Four kisses?

Cultural Clash



When in trouble...



Or...

Mobility and International Cooperation Office

Takes place on **Friday** morning

PRESENTATIONS

- ✓ Vice-President for the International Affairs
- ✓ NMCI Coordinator



Takes place on **Friday** morning

PRESENTATIONS

- ✓ Student's Support Unit
- ✓ Lisbon Police



Takes place on **Friday** morning



GOAL OF THE PRESENTATIONS

- ✓ Vice-President for the International Affairs – welcome the students and give additional information about Técnico
- ✓ NMCI Coordinator – give information about the different mobility programmes and some recommendations
- ✓ NAPE – give information about their different activities
- ✓ PSP – give some recommendations on how to keep safe in Lisbon

After the presentations the Mobility Coordinators are introduced to the students

RECEPTION WEEK / WELCOME CERIMONY

OTHER ACTIVITIES

✓ **Group Photo**



RECEPTION WEEK / WELCOME CERIMONY

OTHER ACTIVITIES

✓ **Group Photo**



RECEPTION WEEK / WELCOME CERIMONY

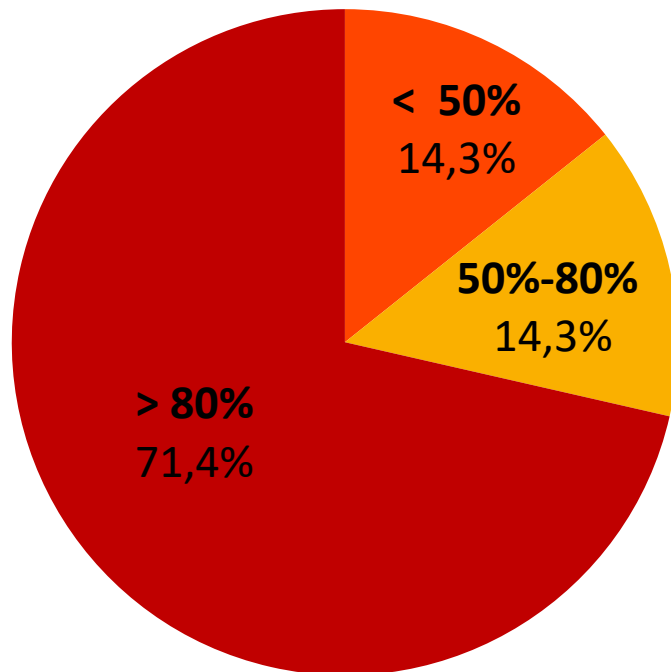
OTHER ACTIVITIES

✓ Visits to the Departments



ACTIVITY ASSESSMENT 2016/2017

- **MOBILITY COORDINATORS SURVEY:** 76.2% answer rate
- **IMPACT ON STUDENTS PARTICIPATION, COMPARED TO WHAT WAS EXPECTED:**



COMPARING TO COORDINATORS EXPECTATIONS, THE ACTIVITY HAD A GRET IMPACT.

FOR 71,4% OF THE COORDINATORS ABOVE 80% OF THE STUDENTS PARTICIPATED IN THE CEREMONY.

WHAT TO KEEP AND TO ENHANCE IN THE WELCOME CEREMONY



THE MODEL IS VERY POSITIVE, COMPARING TO THE PREVIOUS



EARLY INTERACTION WITH THE STUDENTS



BIGGER INVOLVEMENT IN THE ACADEMIC COMMUNITY



SCHEDULE AND TIMINGS OF THE PRESENTATIONS:

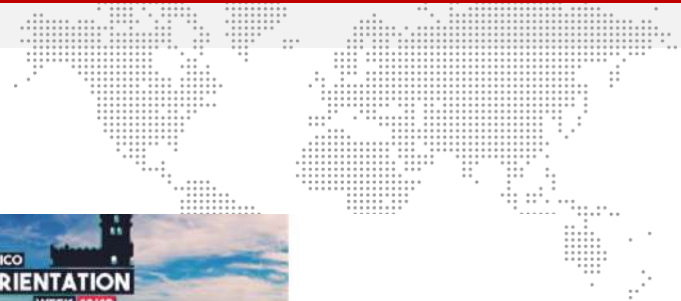
- *A TIGHTER SCHEDULE WAS IMPLEMENTED FROM 2017/18*



EXCESSIVE INFORMALITY IN SOME PRESENTATIONS:

- *THE GUESTS ARE COACHED SO THAT THEIR MESSAGES ARE ALIGNED WITH TÉCNICO LISBOA MESSAGE*

ORIENTATION WEEK | Before Arrival



GET INVOLVED, GET IN TOUCH AND JOIN US!

THE ORIENTATION WEEK IS AN IDEAL OPPORTUNITY TO GET TO KNOW TÉCNICO LISBOA

RECEPTION WEEK THURSDAY 14TH FRIDAY 15TH SATURDAY 16TH SUNDAY 17TH

FIND YOUR DAY

11 TH MONDAY	12 TH TUESDAY	13 TH WEDNESDAY	14 TH THURSDAY
BIOLOGICAL...	ELECTRONICS...	ARCHITECTURE...	AGRICULTURE...
ENVIRONMENTAL...	COMPUTER...	MECHANICAL...	...
...	...	...	...

Mentoring Programme

Implemented with the support of older students (mentors) who welcome and support new students (mentees) in order to facilitate their integration. You'll be assigned a mentor who will be available to help you during your entire stay in Lisbon - don't hesitate to contact her/him whenever you need!



Hi,

We are the Student Support Unit and we would like to welcome you to Técnico Lisboa!

Our team has the mission of supporting students and promoting their integration in our school. You can count on us during your studies at Técnico Lisboa because we are here to make sure

An experience abroad will never be forgotten and we are organising some of the most memorable days of your next semester: **Técnico Orientation Week!** From the 11th to the 17th of Feb while getting to know our beautiful city of Lisbon and have a lot of fun!

If you wish to take part on this unique experience, you just need to fill out the [sign-up form](#). Please notice that we will use these answers for statistical purposes so that we can guarantee participation during the reception days. Please check the page above for detailed information.

Other important information:

Facebook group interface for 'Técnico Orientation Week 16/19'.

Left sidebar: Navigation menu including 'About', 'Discussion', 'Chats', 'Automatically added members', 'Events', 'Videos', 'Photos', 'Group insights', 'Moderate Group', 'Group Quality', and 'Search this group'.

Main content area: Features a banner for 'TÉCNICO ORIENTATION WEEK 16/19', a post with a 'New Rising Star Badge' announcement, and a 'GROUP SET' section for 'NAPE - IST'.

Survival Guide for Mobility and International Students

ORIENTATION WEEK | Before Arrival

SITE: Oweek.tecnico.ulisboa.pt

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ARTS...	COMPUTER...	COMPUTER...	COMPUTER...
COMPUTER...	COMPUTER...	COMPUTER...	COMPUTER...
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Main content area: Group cover photo, Name (Técnico Orientation Week 16/19), Description, and a post titled "New Rising Star Badge".

Right sidebar: Group statistics (1700 Members), Group admins, and a list of members.

Survival Guide for Mobility and International Students



ORIENTATION WEEK | Before Arrival

EMAIL: E-mail de Boas-Vindas

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TÉCNICO ORIENTATION WEEK 16/19

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Main content area: Group cover photo with "TÉCNICO ORIENTATION WEEK 16/19" text. Below the cover is a post with a "New Rising Star Badge" announcement.

Right sidebar: Group statistics showing 1,100 members and 1,100 likes. Includes a "New Rising Star Badge" section.

Survival Guide

for Mobility and International Students

ORIENTATION WEEK | Before Arrival

GRUPO FACEBOOK: Partilha de informações e eventos

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LANGUAGE...	LEGAL...	MARKETING...	PHYSICAL...
SCIENCE...	TECHNOLOGY...	TELECOMMUNICATIONS...	WELLNESS...

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Other important information:



ORIENTATION WEEK | Before Arrival

SURVIVAL GUIDE: Conselhos e recomendações sobre a vida em Lisboa

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LANGUAGE...	TECHNOLOGY...	SCIENCE...	SPORTS...
...	...	...	...

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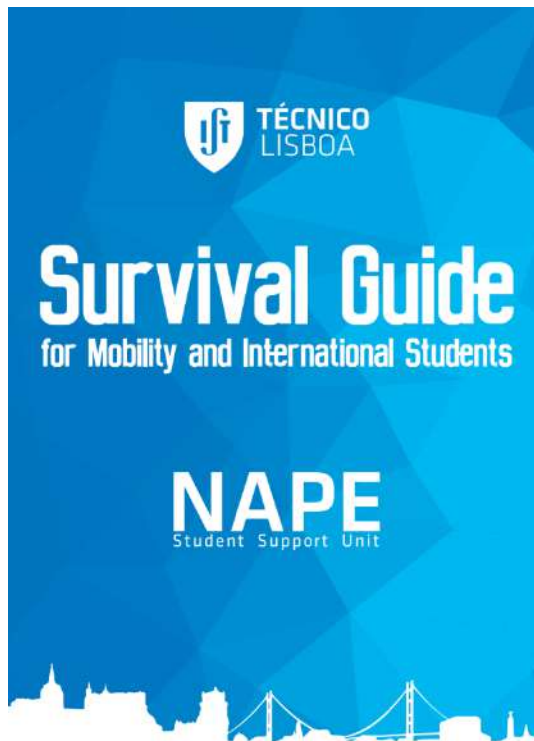
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Main content area: Header with "TÉCNICO ORIENTATION WEEK 16/19" and a banner image. Below the banner are tabs for "Joined", "Invited", "Share", and "More". The main feed shows posts from members, including a post about "New Rising Star Badge" and a post about "Add topics to profile to help group members find the information they're interested in".

Survival Guide for Mobility and International Students

ORIENTATION WEEK | Before Arrival

SURVIVAL GUIDE: Documento PDF de 20 páginas



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Instituto Superior Técnico

Since its creation in 1911, TÉCNICO is the largest and most reputable school of Engineering, Science, Technology and Architecture in Portugal. It provides top quality higher education, focused on Research, Development and Innovation (R&D&I) activities, immersing all of us in a thrilling and global atmosphere geared towards solving the challenges of the future.

Nowadays, TÉCNICO has 3 campi:

ALAMEDA CAMPUS: built in 1937, it is located in one of the central-most parts of Lisbon, between Saldanha and the Alameda D. Afonso Henriques, benefiting from a transport network that easily accesses the entire city.



TAGUSPARK CAMPUS: built in 2001, it is located in the council of Oeiras and integrated in the Science and Technology Park, a leading institution in this area.

Note that when applying for courses that some are taught only in Taguspark (outside of Lisbon!). However, there is a free transfer service that links Alameda and Taguspark (see the Survive in Taguspark section).



TECHNOLOGICAL AND NUCLEAR CAMPUS: located in the council of Loures, it is one of the most important technology parks in the country, particularly in the areas of nuclear science and nuclear techniques, as well as radiology protection and nuclear safety. At present, there are no classes in this campus, only research labs.



NAPE ©2023

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ORIENTATION WEEK | Registration Days

Programa
Mentorado

Registo
OWWeek

Coffee
Break



ORIENTATION WEEK | Registration Days

Programa
Mentorado

Registo
OWWeek

Coffee
Break



ORIENTATION WEEK | Registration Days

Programa
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OWeek

Coffee
Break



ORIENTATION WEEK | Poster e Vídeo



MORE INFO:
OWEEK.TECNICO.LISBOA.PT



ORIENTATION WEEK | Friday



ORIENTATION WEEK | Friday

WELCOME PARTY: Churrasco de boas-vindas



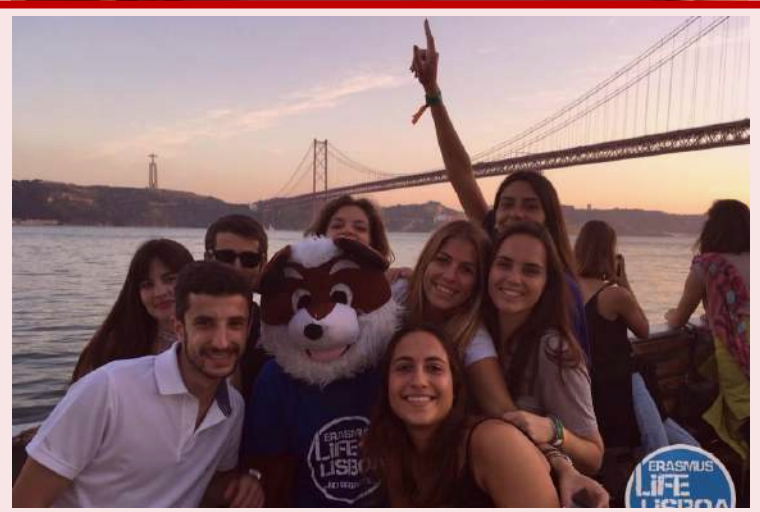
ORIENTATION WEEK | Friday

PORTUGUESE EVENING: Evento de gastronomia, música e cultura portuguesas



ORIENTATION WEEK | Friday

BOAT PARTY: Festa a bordo de uma caravela, com passeio pelo rio Tejo



ORIENTATION WEEK | Saturday



ORIENTATION WEEK | Saturday

CITY RALLY: Peddy Papper pela cidade de Lisboa



ORIENTATION WEEK | Saturday

WELCOME DINNER: Jantar com comida típica portuguesa



ORIENTATION WEEK | Saturday

UP ALL NIGHT: Saída para uma discoteca em voga



ORIENTATION WEEK | Saturday

UP ALL NIGHT: Saída para uma discoteca em voga



ORIENTATION WEEK | Sunday



ORIENTATION WEEK | Sunday

SURF LESSON: Aula de Surf na Praia de Carcavelos



ORIENTATION WEEK | Sunday

BELÉM TOUR: Passeio histórico-cultural por Belém



ORIENTATION WEEK | Sunday

SINTRA TRIP: Visita à Vila de Sintra e Cabo da Roca

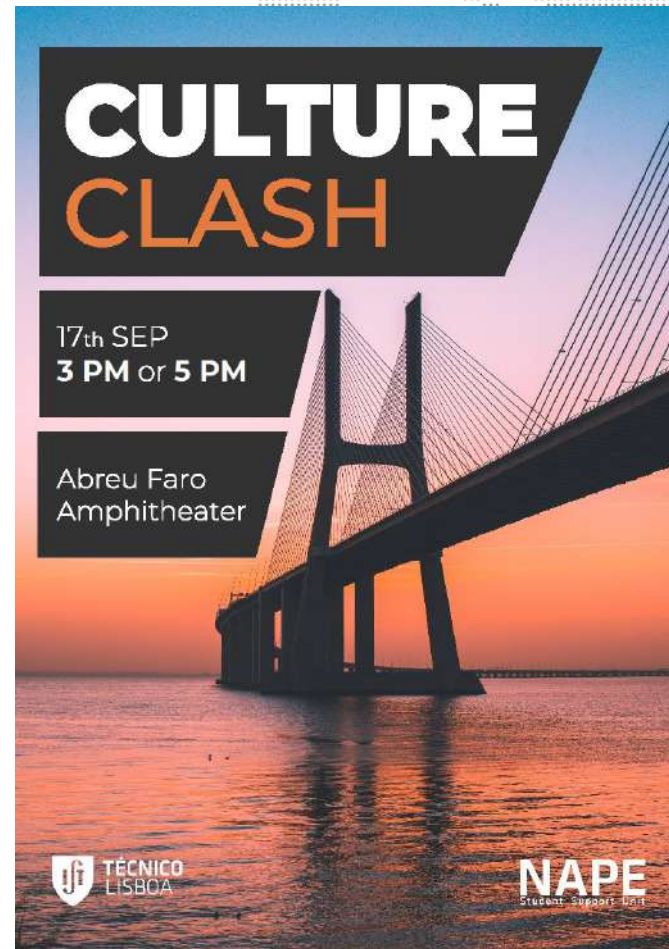


ORIENTATION WEEK | Sunday

CRISTO REI: Ponto de paragem inicial nas viagens

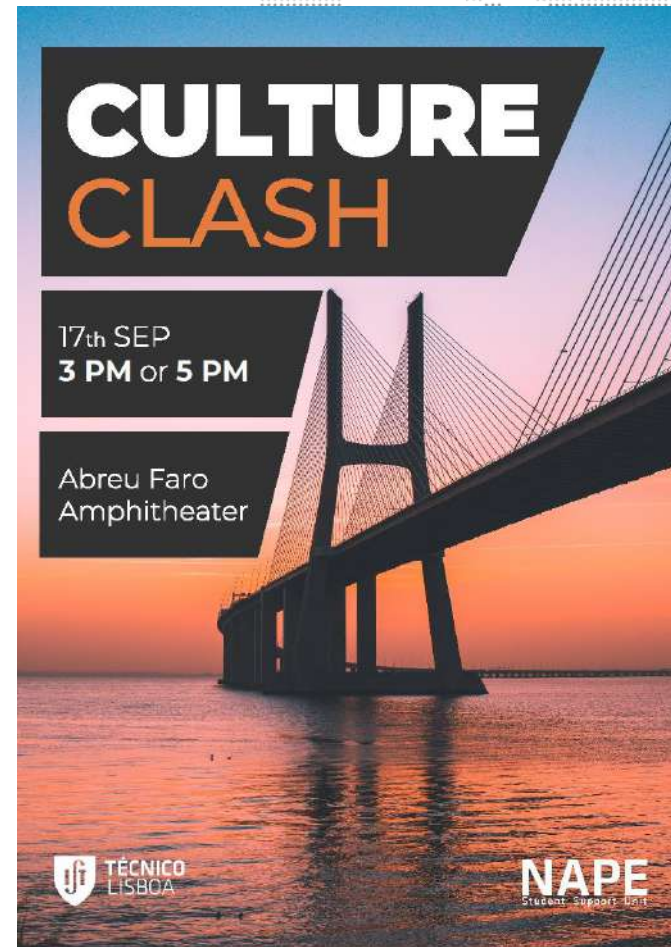


ORIENTATION WEEK | Monday & rest of the week



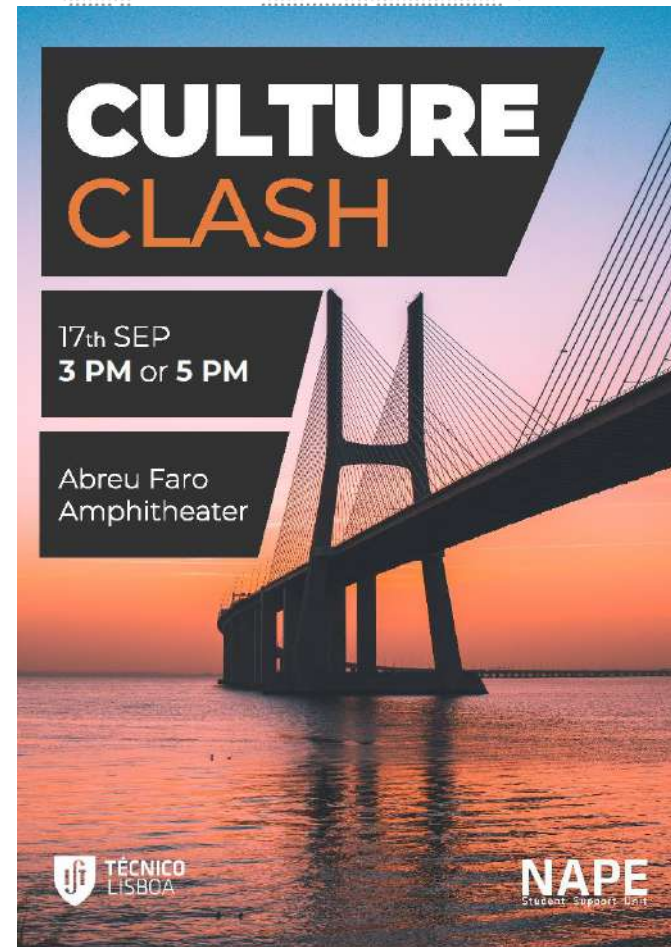
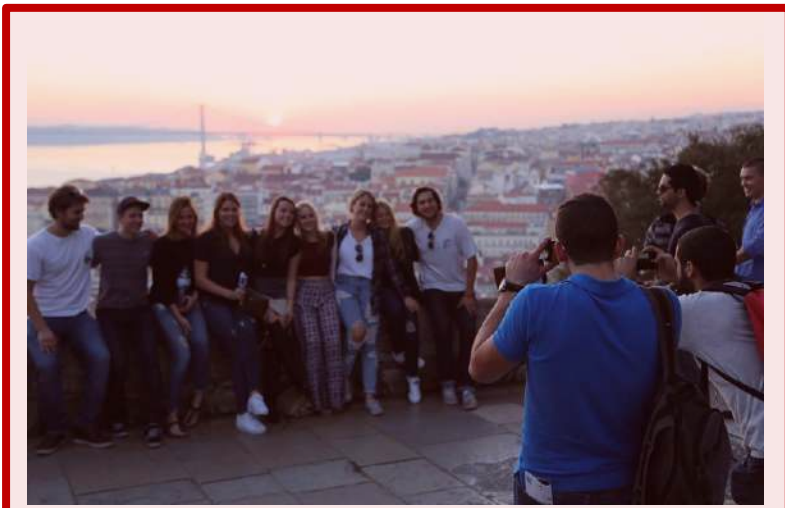
ORIENTATION WEEK | Monday & rest of the week

PUB CRAWL: Peddy Paper pelos bares do Bairro Alto



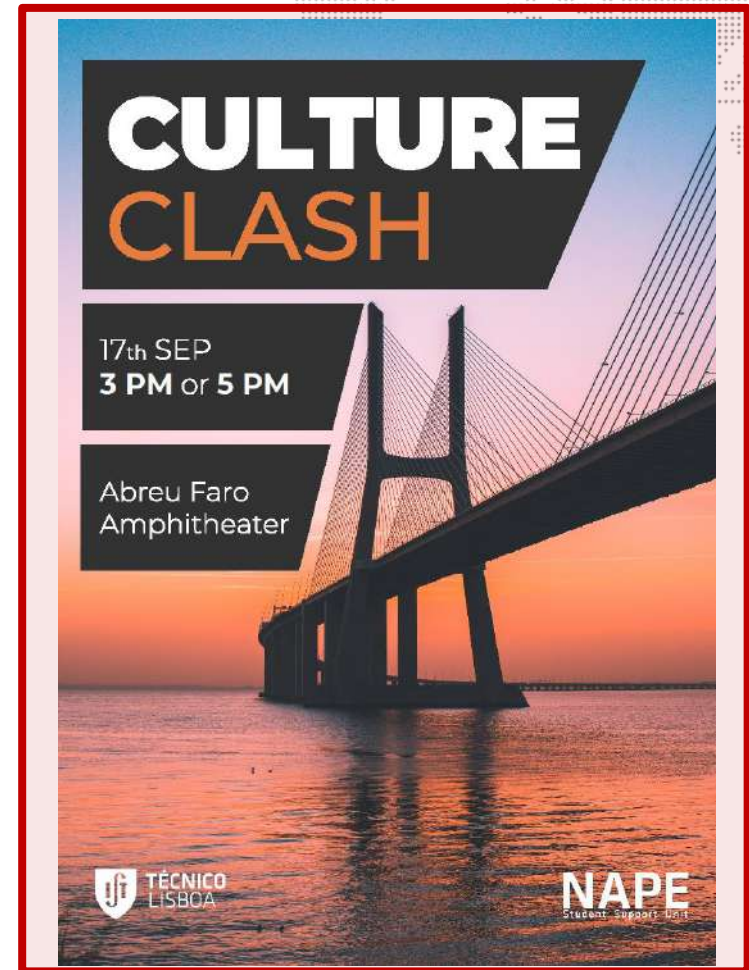
ORIENTATION WEEK | Monday & rest of the week

TRIP TO CASTELO DE SÃO JORGE: Passeio pela zona da Mouraria e visita ao Castelo



ORIENTATION WEEK | Monday & rest of the week

CULTURE CLASH: Workshop sobre as principais funcionalidades do fénix





`nmci@tecnico.ulisboa.pt`
`nape@tecnico.ulisboa.pt`



`tecnico.ulisboa.pt/en/`
`nape.tecnico.ulisboa.pt`
`aai.tecnico.ulisboa.pt`